



Meet Marisa

our Registered Dietitian Nutritionist
& owner of **Eat With Confidence**

over 20 years of experience

Specializations include:

- ✓ Underweight/overweight infants/children/adults
- ✓ Eating disorders
- ✓ Food allergies
- ✓ Crohn's, Celiac disease, IBD, IBS, food sensitivities
- ✓ Diabetes, kidney & rheumatology diseases
- ✓ Elevated cholesterol, triglycerides & high blood pressure
- ✓ Tube feeding

All services offered are covered by insurance.

Email: EatWithConfidence@gmail.com

Phone: 847-209-3776

Website: www.EatWithConfidence.com



"Discover the path to a healthy lifestyle and good eating habits."

Available for consultation @

